

## Paula N. Anthony

Office Managing Shareholder

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## Overview

Paula N. Anthony focuses her practice on employment litigation matters in state and federal courts, as well as administrative charges before the Connecticut Commission on Human Rights and Opportunities, Equal Employment Opportunity Commission and Connecticut Department of Labor. She regularly provides advice and counsel to employers on a wide variety of personnel and employment matters at all stages of the employment process, including:

- Discrimination and retaliation claims
- Discipline and termination issues
- Leaves of absence
- Workplace accommodations
- Wage and hour matters
- Employee handbooks and policies

She has considerable experience conducting workplace investigations. Paula is also a regular presenter on labor and employment topics to various professional and business groups. Prior to joining Littler, she was a partner in the labor and employment practice group of a Connecticut law firm. Paula gained extensive public sector legal experience serving as the Assistant Corporation Counsel for the City of Waterbury, Connecticut, where in addition to managing Waterbury's labor and employment matters, she advised the city on various municipal issues.

## Professional and Community Affiliations

- Member, Connecticut Bar Association
- Member, New York Bar Association
- Member, American Bar Association
- Member, New Haven County Bar Association
- Executive Committee Member and Former Chair, Labor & Employment Section, Connecticut Bar Association
- Member, New Haven Inn of Court
- Board Member, Human Resource Leadership Association

- President, Shelton Historical Society

## Recognition

- Named, The Best Lawyers in America® \*, 2023-2025

## Education

J.D., Villanova University School of Law, 1989

B.A., Pace University, 1986, *magna cum laude*

## Bar Admissions

Connecticut

New York

## Courts

U.S. Court of Appeals, 2nd Circuit

U.S. District Court, District of Connecticut

## Publications & Press

### **Connecticut Supreme Court Significantly Shifts Workers' Compensation Benefits**

*Littler ASAP*

April 28, 2025

### **Connecticut Adopts Narrow Definition of “Supervisor” for Hostile Work Environment Claims**

*Littler ASAP*

August 8, 2024

### **Connecticut to Make All Private Employers Provide Paid Sick Leave by 2027**

*Littler ASAP*

May 23, 2024

### **How Connecticut Employers Can Be Ready for Legislation that Became Effective January 1, 2024**

*Littler ASAP*

January 4, 2024

### **New Haven Office Kicks Off 2024 with a New Leader – Littler Selects Paula Anthony as Office Managing Shareholder**

*Press Release*

January 4, 2024

**Connecticut Employers Have New Burdens After Legislative Session**

*SHRM Online*

July 10, 2023

**Connecticut Employers Have New Burdens, Avoid Others, Following 2023 Legislative Session**

*Littler ASAP*

July 7, 2023

**New Restrictions on Physician Non-Compete Agreements in Connecticut**

*Littler ASAP*

June 30, 2023

**Connecticut Expands Paid Sick and Safe Leave Uses**

*Littler ASAP*

June 29, 2023

**Connecticut Appellate Court Declines to Expand Definition of “Supervisor” for Hostile Work Environment Claims**

*Littler ASAP*

May 4, 2023

**Deadline Extended Until August 31, 2023 for Businesses to Comply with Connecticut’s Mandatory Retirement Program**

*Littler ASAP*

April 10, 2023

**Understanding the Wage and Hour Compliance Puzzle**

*CBIA*

March 28, 2023

**Littler Lightbulb: Connecticut Again Considers Pay Transparency, Non-Compete Bills**

*Littler ASAP*

February 10, 2023

**CT employers face host of new employment law challenges**

*New Haven Biz*

January 3, 2023

**Implementation of Connecticut’s Clean Slate Law Set to Begin January 1, 2023**

*Littler ASAP*

December 30, 2022

**New Littler Employment Pro On Conn.'s Litigation Landscape**

*Law360 Pulse*

July 15, 2022

**Littler Adds Shareholder Paula Anthony in New Haven**

*Press Release*

July 11, 2022

**Events & Speaking Engagements**

**An Overview of Paid Leave Laws in New England**

June 5, 2024

**Handbook Policies: Essential Changes and Updates**

CBIA Human Resources Conference

February 28, 2024

**That's a Wrap: Important Takeaways from Connecticut's 2023 Legislative Session**

August 2, 2023

**2023 Tri-State Regional Employer Conference**

New York, NY

June 20, 2023

**Mid-Year Employment Law Update**

HRLA, Norwich, CT

May 25, 2023

**Untangling Federal FMLA, CT FMLA, and CT Paid Leave**

Connecticut Bar Association Labor and Employment Symposium

March 30, 2023

**FMLA Issues in the Workplace - New and Existing Connecticut Law**

Connecticut Business & Industry Association Human Resources Conference

March 21, 2023

**2022 New England Regional Employer Conference**

Boston, MA

November 15, 2022