

## Olivia Girouard

Of Counsel

1250 René-Lévesque Ouest  
Suite 2200  
Montréal, QC H3B 4W8 Canada  
main: +1 (438) 239-3550  
direct: +1 (438) 239-3516  
ogirouard@littler.com



---

## Practice Areas

Handbooks and Policies  
HR Advice and Counsel  
Workers' Compensation  
Discrimination and Harassment  
Investigations  
Occupational Safety and Health

## Overview

Olivia Girouard advises clients in both English and French on a broad range of workplace matters, including the development of workplace policies and employment contracts, workers' compensation matters, workplace health and safety issues, terminations and disciplinary actions, discrimination complaints, and psychological harassment. She also represents clients in workplace-related disputes, including in mediation, conciliation, and before courts and tribunals. Olivia's experience also involves advising on workplace investigations and conducting trainings on human resources matters.

Olivia served as a lecturer at École de technologie supérieure in Montréal from 2021 to 2024, where she taught courses related to health, safety, and personnel management. Before that, she spent over six years in private practice at a Montréal-based law firm, gaining deep experience across a broad range of labour and employment legal matters.

## Education

J.D., University of Sherbrooke, 2016  
LL.L, University of Ottawa, 2014

## Bar Admissions

Québec, Canada

## Languages

French

English

## **Publications & Press**

### **Littler Strengthens Canadian Presence with New Office in Québec and Adds Employment Lawyer Olivia Girouard**

*Press Release*

August 18, 2025

### **Littler Renforce sa Présence Canadienne avec un Nouveau Cabinet au Québec et Accueille Olivia Girouard, Avocate Spécialisée en Droit de l'Emploi**

*Press Release*

August 18, 2025