

## Mattheus Stephens

Shareholder

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## Overview

Mattheus Stephens has more than 30 years of trial and litigation experience. He focuses his practice on helping clients navigate the lifecycle of employment litigation with a focus on defending against claims of discrimination, particularly those relating to gender and disability. He also counsels clients on wage and hour matters, conducts workplace investigations, and provides trainings on preventing discrimination and harassment, including gender and LGBTQ+ training.

Mattheus is a frequent speaker on employment and diversity related topics. He also has served as an adjunct professor and California Western School of Law.

## Professional and Community Affiliations

- Member, California State Bar Board of Trustees
- Member, San Diego County Bar Association
- Member, American Bar Association
- Member, Planned Parenthood of the Pacific Southwest Board of Directors
- Former President, City of San Diego Civil Service Commission, 2011-2018

## Recognition

- AV Rated, *Martindale-Hubbell*

## Education

J.D., Rutgers School of Law, Camden, 1990  
B.A., College of New Rochelle,

## Bar Admissions

California

## Courts

U.S. Court of Appeals, 9th Circuit  
U.S. District Court, Central District of California  
U.S. District Court, Southern District of California  
U.S. District Court, Southern District of Texas

## Publications & Press

**What are the challenges and benefits of helping your employees bring their authentic selves to work?**

*Littler 2 the Point Video*

August 22, 2024

**Celebrating Pride Month: The Importance of Advocacy and Community**

*Littler Podcast*

June 27, 2024

**Cultivating learning for new lawyers**

*Daily Journal*

December 22, 2023

**Experienced Trial Lawyer Mattheus Stephens Joins Littler in San Diego**

*Press Release*

August 28, 2023

## Events & Speaking Engagements

**Transgender Rights in the Workplace**

Miss International Queen Pageant

December 9, 2024

**Civility: Be Nice. It's the Law: Civility in the Legal Profession**

San Diego County Bar Association

December 4, 2024

**California Racial Justice Act Lecture**

National Association of Women Judges

June 2024

**The Importance of Authenticity and Personal Alignment**

Littler Executive Employer Conference, Phoenix, AZ

May 2024