

## Lori B. Alexander

Shareholder

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## Practice Areas

Discrimination and Harassment  
Litigation and Trials  
ERISA and Benefit Plan Litigation  
HR Advice and Counsel  
Class Action  
Home Health and Home Care

## Overview

Lori B. Alexander has extensive experience representing companies throughout Connecticut in a range of labor and employment matters, including:

- Complex employment litigation
- Discrimination claims
- Wrongful discharge
- Retaliation cases
- Labor arbitrations
- Administrative charges
- Employee Retirement Income Security Act benefits litigation
- Employment arbitrations
- Other disputes between employers and employees

She represents clients in state and federal courts and before the Equal Employment Opportunity Commission, the Connecticut Commission on Human Rights and Opportunities and the Connecticut Department of Labor in matters involving:

- Title VII of the Civil Rights Act
- The Americans with Disabilities Act

- The Fair Employment Practices Act
- The Fair Labor Standards Act
- State and federal common law

Lori also regularly advises employers on matters such as:

- Reviewing and developing internal policies and procedures
- Developing and presenting training related to sexual harassment and other human resource issues, including 'train the trainer'
- Hiring and firing decisions
- Employee benefits
- A variety of investigations including those involving claims of discrimination

Her clients include telecommunications, insurance, and manufacturing companies; retailers and banks, among others. Lori is one of three founding members of Littler Mendelson's New Haven office.

Before joining Littler, Lori was a partner at a general practice firm in New Haven. In law school, she was an editor of the *Connecticut Law Review*.

## Professional and Community Affiliations

- Former President, New Haven County Bar Association
- Member, Connecticut Bar Foundation
- Member, Labor and Employment and Federal Practice sections, Connecticut Bar Association
- Member, American Bar Association

## Recognition

- Named, The Best Lawyers in America® \*, 2013-2025
- Ranked, Labor & Employment, *Chambers USA*, 2007-2024
- Named, Super Lawyer\*\*, Connecticut, *Super Lawyers*, 2012 and 2014
- Recipient, 20 Noteworthy Women, *New Haven Business Times*, 2002

## Education

J.D., University of Connecticut School of Law, 1990, *With Honors*

M.A., New York University, 1985

B.S., Dartmouth College, 1978, *magna cum laude*, *Phi Beta Kappa*

## Bar Admissions

Connecticut

## Courts

U.S. Court of Appeals, 2nd Circuit  
U.S. District Court, District of Connecticut

## **Publications & Press**

### **Littler Ranked in 2024 Chambers USA Guide**

*Press Release*

June 6, 2024

### **Advocates Look To Connecticut For Blanket NDA Ban In 2024**

*Law360*

January 1, 2024

### **Office Snapshot: Littler's Connecticut Anchor In New Haven**

*Law360 Pulse*

August 3, 2023

### **Littler Recognized in 2023 Chambers USA Guide**

*Press Release*

June 6, 2023

### **Understanding the Wage and Hour Compliance Puzzle**

*CBIA*

March 28, 2023

### **CT employers face host of new employment law challenges**

*New Haven Biz*

January 3, 2023

### **Littler Ranked in Chambers USA Guide 2022**

*Press Release*

June 1, 2022

### **Best Lawyers in America© 2022 Edition Honors More Than 240 Littler Lawyers**

*Press Release*

August 19, 2021

### **Connecticut Limits Inquiries into Age of Job Applicants**

*SHRM Online*

August 2, 2021

### **Connecticut Limits Inquiries into Prospective Employees' Ages**

*Littler ASAP*

July 29, 2021

**Littler Ranked in Chambers USA Guide 2021**

*Press Release*

May 27, 2021

**Best Lawyers in America© 2021 Edition Honors More Than 250 Littler Lawyers**

*Press Release*

August 20, 2020

**Best Lawyers in America© 2020 Edition Honors More Than 200 Littler Lawyers; 14 Named Lawyer of the Year**

*Press Release*

August 15, 2019

**Littler Ranked in 2019 Chambers USA Guide**

*Press Release*

April 25, 2019

**Best Lawyers in America© 2019 Edition Honors More Than 200 Littler Lawyers**

*Press Release*

August 15, 2018

**Littler Ranked in 2018 Chambers USA Guide**

*Press Release*

May 15, 2018

**Best Lawyers in America© 2018 Edition Honors More Than 200 Littler Lawyers**

*Press Release*

August 17, 2017

**5 Tips for Terminating Remote Workers**

*SHRM Online*

June 19, 2017

**Littler and Its Attorneys Receive Top Rankings in 2017 Chambers USA Guide**

*Press Release*

May 26, 2017

**The Best Lawyers in America© Honors More Than 180 Littler Lawyers in Its 2017 Edition**

*Press Release*

August 16, 2016

**Chambers USA Recognizes Littler and Attorneys in 2016 Guide**

*Press Release*

May 27, 2016

**Littler's Lori B. Alexander Named Office Managing Shareholder in New Haven, Connecticut**

*Press Release*

January 4, 2016

**Littler Attorneys Recognized in the Best Lawyers in America© 2016 Edition**

*Press Release*

August 18, 2015

**Chambers USA Recognizes Littler and Its Attorneys**

*Press Release*

May 20, 2015

**Littler and Its Attorneys Ranked In 2014 Chambers USA Guide**

*Press Release*

May 23, 2014

**Littler Mendelson Named in the 2013 Chambers USA Guide**

*Press Release*

May 24, 2013

**Chambers USA Honors Littler And Its Attorneys**

*Press Release*

June 27, 2011

**Littler Attorneys Honored by Chambers USA**

*Press Release*

June 21, 2010

**Firing Line: In-House Counsel Targets Company's Treatment of Minorities**

*Connecticut Law Tribune*

April 26, 2010

**Measures Employers Can Take to Ensure Happy and Healthy Employees**

*The Mary Jones Show, WDRC-AM*

July 25, 2008

**Events & Speaking Engagements**

**Handbook Policies: Essential Changes and Updates**

CBIA Human Resources Conference

February 28, 2024

**Connecticut Paid Leave: What You Need to Know**

New Haven, CT

August 27, 2021

**Connecticut Paid Leave: What You Need to Know**

February 26, 2021

**“Do I really have to let my employee say (or wear) that?”: Protected Speech in the Workplace and on Social Media in Connecticut**

July 30, 2020

**COVID-19 Considerations for the Workplace: ?An Employer Overview**

May 20, 2020

**Me, Too! What’s Changed — and What Hasn’t — In the Wake of Weinstein**

New Haven, CT

June 12, 2018

**Me, Too! What’s Changed - and What Hasn’t - in the Wake of Weinstein**

New Haven, CT

April 26, 2018

**2017 New England Employer Conference**

Boston, MA

October 27, 2017

**What Does a Trump Administration Mean for Employers?**

New Haven, CT

March 29, 2017

**Ready or Not...Changes to the White Collar Regulations Expected in 2016: What Should Employers Do Now?**

New Haven, CT

April 7, 2016

**Ready or Not...Changes to the White Collar Regulations Expected in 2016: What Should Employers Do Now?**

New Haven, CT

April 5, 2016

**2015 Tri-State Employer Conference**

New York, NY

November 5, 2015

**Next Steps In The Wake Of The Companionship Exemption Decision: What Should Home Care Employers Do Now?**

New Haven, CT

April 2, 2015

**Employee Records 101: What Every Business Manager, Owner, and HR Representative Needs to Know**

New Haven, CT

November 7, 2013

**Social Media and Off-Duty Conduct: What Employers Need to Know**

New Haven, CT

September 15, 2011

**Litigating Claims in Troubled Economic Times - How to Keep Your Company from Becoming a Statistic: The Latest Trends in Employment Disputes**

Human Resources Conference - Connecticut Business and Industry Association and Society for Human Resource Management, CT

May 13, 2010

**The Wage and Hour Class Action Flood: Strategies for Stemming the Tide**

Association of Corporate Counsel, Western/Southern Connecticut Chapter

April 7, 2009

**Managing Employees With Medical Conditions: Navigating Through the New ADA amendments, FMLA, and State Disability and Leave Laws**

New Haven, CT

December 3, 2008