

Julia McFarland

Associate

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Practice Areas

Discrimination and Harassment
Inclusion, Equity and Diversity
Litigation and Trials
Appellate

Overview

Julia McFarland is an experienced litigator who represents employers in a broad range of employment disputes. She advises and defends clients through all phases of litigation – from early case assessment and discovery to depositions, motion practice, mediation, and trial. Julia has successfully obtained summary judgment, drafted appellate briefs that led to favorable rulings, and second-chaired trials resulting in defense verdicts. Julia brings a solution-oriented style to her practice, focusing on practical results for her clients.

Her background spans both private practice and in-house legal work, giving her well-rounded perspective on the issues companies face. She is committed to delivering practical solutions that align with each client’s business goals.

Professional and Community Affiliations

- Member, Co-Chair, Insurance Affinity Group, National Association of Women Lawyers (NAWL)
- Member, The Women Lawyers’ Association of Greater St. Louis (WLA)
- Member, Missouri Bar

Recognition

- Named, Rising Star, *Super Lawyers*, 2024-2025
- Recipient, Academic Excellence Award in Information Privacy Law, *St. Louis University School of Law*
- Recipient, Outstanding Student Award, *Missouri Baptist University*

Education

J.D., St. Louis University School of Law, 2021, *cum laude*

B.S., Missouri Baptist University, 2017, *summa cum laude*

Bar Admissions

Missouri

Illinois

Courts

U.S. District Court, Eastern District of Missouri

U.S. District Court, Central District of Illinois

Events & Speaking Engagements

Moderator, The Duty to Settle and Indemnify: Legal Obligations and Best Practices

NAWL Insurance Affinity Group panel discussion

October 29, 2024