

## John H. Adams, Jr.

Shareholder

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## Overview

John H. Adams, Jr. represents clients in a broad range of employment law and labor matters. John has experience in both single-plaintiff and class action litigation, including cases involving claims of discrimination, harassment, retaliation, wrongful termination, wage and hour violations and violations under the Private Attorneys General Act. John aggressively defends clients in state and federal courts, binding arbitration and administrative forums. He also has extensive experience resolving cases through negotiation and mediation.

Prior to joining Littler, John worked at a Bay Area law firm where his practice focused on all aspects of civil litigation, from pre-filing through appeal, with a particular emphasis on business and commercial matters.

During law school, John externed for the Hon. Garland E. Burrell, Jr. in the U.S. District Court, Eastern District of California. He taught written and oral advocacy skills to second-year law students in the McGeorge Appellate and International Advocacy Program, was a member of the Anthony M. Kennedy American Inn of Court, and served as associate articles editor for the *Pacific McGeorge Global Business & Development Law Journal*. Prior to law school, he was a journalist, most recently as the Sunday sports editor for the *South Florida Sun-Sentinel*.

## Professional and Community Affiliations

- Member, Sacramento County Bar Association

## Recognition

- Named, Rising Star, Northern California, *Super Lawyers*, 2013-2016
- Named, Top Lawyer, Employment and Labor, *Sacramento Magazine*, 2015
- Named, Traynor Honor Society, *University of the Pacific McGeorge School of Law*, 2007

## Education

J.D., University of the Pacific McGeorge School of Law, 2007, *With Distinction*

A.B., University of California, Davis, 1995

## Bar Admissions

California

## Courts

U.S. Court of Appeals, 9th Circuit

U.S. District Court, Northern District of California

U.S. District Court, Eastern District of California

## Publications & Press

### **Littler Lightbulb – March 2025 Employment Appellate Roundup**

*Littler ASAP*

April 9, 2025

### **Littler Lightbulb: December 2024 Employment Appellate Roundup**

*Littler ASAP*

January 16, 2025

### **Littler Lightbulb: October 2024 Appellate Roundup**

*Littler ASAP*

November 13, 2024

### **Littler Lightbulb: July 2024 Appellate Roundup**

*Littler ASAP*

August 2, 2024

### **Littler Lightbulb: May 2024 Appellate Roundup**

*Littler ASAP*

June 7, 2024

### **Littler Lightbulb: March 2024 Appellate Roundup**

*Littler ASAP*

April 4, 2024

### **Littler Lightbulb – December 2023 Employment Appellate Roundup**

*Littler ASAP*

January 5, 2024

**Littler Lightbulb – October 2023 Employment Appellate Roundup**

*Littler ASAP*

November 1, 2023

**WPI Labor Day Report 2023**

*Littler Report*

September 5, 2023

**Littler’s Workplace Policy Institute Releases 2023 Labor Day Report**

*Press Release*

September 5, 2023

**Littler Lightbulb – June 2023 Employment Appellate Roundup**

*Littler ASAP*

July 6, 2023

**Littler Lightbulb – April 2023 Employment Appellate Roundup**

*Littler ASAP*

May 1, 2023

**Littler Lightbulb – February 2023 Employment Appellate Roundup**

*Littler ASAP*

February 28, 2023

**Littler Lightbulb – January 2023 Employment Appellate Roundup**

*Littler ASAP*

January 31, 2023

**Littler Rings in New Year with the Elevation of 28 Attorneys to Shareholder**

*Press Release*

January 4, 2023

**Conducting “Virtual” Workplace Investigations: Practical Suggestions for the Human Resources Professional**

*Littler ASAP*

May 29, 2020