Briana M. Swift

Shareholder

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Practice Areas

Employee Benefits
ERISA and Benefit Plan Litigation
Executive Compensation

Overview

Briana M. Swift has experience advising on ERISA and tax compliance issues as well as plan design, drafting, and administration. Briana's experience includes working with tax-qualified and nonqualified employee benefit plans, health and welfare plans, and retirement plans. Briana also provides assistance related to benefits and compensation matters arising in mergers and acquisitions.

Prior to joining Littler, Briana was an associate with a global law firm. Previously, she served as Presidential Management Fellow with the U.S. Department of Labor where she worked as an employee benefits investigator. During her fellowship, Briana also served as a visiting attorney with the Appellate Division of the U.S. Attorney's Office for the District of Oregon where she successfully argued a case before the Ninth Circuit Court of Appeals.

During law school, Briana served as a law clerk with the Federal Public Defender's Office for the District of Oregon as well as a judicial extern for the Hon. Judge Michael Simon of the U.S. District Court for the District of Oregon and the Hon. Judge Mary Murguia of the Ninth Circuit Court of Appeals.

Professional and Community Affiliations

- Latina Commissioner, Hispanic National Bar Association, 2026
- Deputy Regional President, Region XVI, Hispanic National Bar Association, 2020-2024
- Board Member and Vice Chair, Sound Child Care Solutions, 2022-2024
- Regional President, Region XVI, Hispanic National Bar Association, 2020

Recognition

- Named, Rising Star, *Super Lawyers*, 2024-2026

Education

J.D., Lewis & Clark Law School, 2016, *cum laude*
B.A., University of Arizona, 2011, *magna cum laude*

Bar Admissions

Washington
Oregon

Courts

U.S. Court of Appeals, 9th Circuit

Publications & Press

The Parity Paradox: MHPAEA Compliance for Employers and Insurers During the 2024 Enforcement Pause
Littler ASAP
May 28, 2025

The Supreme Court Relieves ERISA Plaintiffs of a Pleading Requirement: What's Next for ERISA Plan Fiduciaries?
Littler ASAP
April 24, 2025

Unlocking New Benefits: Is the SECURE 2.0 Student Loan Match Right for Your Workforce?
Littler ASAP
October 8, 2024

San Francisco-Based Employees: Health Care Expenditures May Be Required
SHRM
September 3, 2024

San Francisco-Based Employees? Health Care Expenditures May Be Required
Littler ASAP
August 13, 2024

Briana Swift Joins as a Shareholder in Littler's Seattle Office
Press Release
May 28, 2024

Events & Speaking Engagements

2025 Pacific Northwest Regional Employer Conference
Seattle, WA
September 11, 2025

Navigating DOL Retirement Plan Audits: Insights and Future Trends
April 23, 2025

2024 Pacific Northwest Regional Employer Conference
Portland, OR
September 12, 2024