



## Ben Sandahl

Shareholder

1300 IDS Center  
80 South Eighth Street  
Minneapolis, MN 55402  
main: +1 (612) 630-1000  
direct: (612) 313-7615  
fax: +1 (612) 630-9626  
bsandahl@littler.com



---

## Practice Areas

Contractors, Staffing and Contingent Workers

## Overview

Ben Sandahl counsels and advocates for management facing a wide variety of workplace issues. His practice encompasses many areas of labor and employment law for a diverse range of companies, from large publicly traded corporations to small nonprofit organizations, all in a variety of industries. Ben practices in all areas of labor and employment matters, and has a particular focus on independent contractor classification litigation and analysis.

Ben regularly advises clients before litigation arises with the goals of avoiding litigation where possible and advantageous positioning should litigation arise. He litigates individual, class, and collective claims of all types, appearing in state and federal courts and before administrative agencies throughout the country.

Prior to joining Littler, Ben worked at another national law firm, winning the then-largest judgment in the history of Illinois.

## Recognition

- Named, Ones to Watch, *The Best Lawyers in America*®, 2021-2025

## Education

J.D., Washington University in St. Louis, 2009, *cum laude*

B.A., Wheaton College, 2003, *cum laude*

## Bar Admissions

Illinois

Minnesota

## Courts

U.S. District Court, Northern District of Illinois

## Publications & Press

### **Nebraska Enacts Marketplace Network Platform Statute**

*Littler ASAP*

March 21, 2025

### **Many Changes Made to Minnesota's Employment Laws**

*SHRM*

August 2, 2024

### **Expert Insights – Minnesota Now Recognizes Claims for Negligent Selection of Independent Contractors**

*Westlaw Today*

July 24, 2024

### **Minnesota Now Recognizes Claims for Negligent Selection of Independent Contractors**

*Littler ASAP*

July 19, 2024

### **More Changes to Minnesota's Employment Laws are Imminent**

*Littler ASAP*

June 7, 2024

### **Littler Elevates 33 Attorneys to Shareholder**

*Press Release*

January 6, 2022

### **Best Lawyers in America© 2022 Edition Honors More Than 240 Littler Lawyers**

*Press Release*

August 19, 2021

### **St. Paul, Minnesota Limits the Amounts Food Delivery Platforms Can Charge During the Pandemic**

*Littler ASAP*

January 19, 2021

### **Minneapolis Increases Protections for Freelance Workers**

*Littler ASAP*

January 6, 2021

**Best Lawyers in America© 2021 Edition Honors More Than 250 Littler Lawyers**

*Press Release*

August 20, 2020

**Court Limits Reach of Minneapolis Mandatory Sick and Safe Leave Law**

*Littler ASAP*

January 27, 2017

**Events & Speaking Engagements**

**2024 Midwest Regional Employer Conference**

Minneapolis, MN

November 14, 2024

**2022 Midwest Regional Employer Conference**

Minneapolis, MN

November 3, 2022

**2021 Upper Midwest Virtual Regional Employer Conference**

Minneapolis, MN

October 20, 2021

**Minnesota Employment Law Update: Lessons from 2020 and What You Need To Know Going Into 2021**

2021 TCSHRM Legal Summit

February 4, 2021