

Ben Rouse

Associate

125 Wood Street
London EC2V 7AN United Kingdom
main: +44 20 3375 0330
direct: +44 20 4558 1252
fax: +44 20 3375 0332
brouse@littler.com



Overview

Ben Rouse has experience across a broad spectrum of employment law matters including litigation, investigations, data protection, advisory and transactional support.

Clients in the Legal 500 (2025) say, "Philip Cameron, Mark Callaghan and Ben Rouse have been our consistent legal team, and I would not want this to change. They will always make themselves available when we need them and consistently provide us with well-rounded advice on a wide scope of legal issues. We have dealt with a number of tricky and sensitive cases over the past 18 months and their support has helped us resolve these matters effectively."

Prior to becoming a Solicitor, Ben worked as a Management Consultant at PwC. He then completed his training contract at US law firm Morgan Lewis, during which he gained experience in the employment, corporate, litigation and structured finance departments.

Professional and Community Affiliations

- Member, Employment Lawyers Association

Education

LPC, BPP University, 2019
Graduate Diploma in Law, BPP University, 2018
B.A., University of Bristol, 2012

Bar Admissions

United Kingdom (England and Wales)

Publications & Press

The Global Guide Quarterly (Quarter 1, 2025)

Littler Global Guide Quarterly

April 23, 2025

Pay Transparency: Is Change Afoot in the UK?

Littler ASAP

April 30, 2024

Littler Global Guide - United Kingdom - Q1 2024

Littler Global Guide Quarterly

April 17, 2024

Back to the Future? UK Government Consults on the Potential Reintroduction of Tribunal Fees

Littler ASAP

March 4, 2024

UK: Changes to Paternity Leave from March 2024

Littler ASAP

March 1, 2024

Littler Global Guide - United Kingdom - Q4 2023

Littler Global Guide Quarterly

January 16, 2024

UK Trade Union Round-up: Union Powers Take a Hit as 2023 Comes to a Close

Littler ASAP

December 14, 2023

Is a Bonus Clawback Provision a Restraint of Trade in the UK?

Littler ASAP

December 5, 2023

Littler Global Guide - United Kingdom - Q3 2023

Littler Global Guide Quarterly

October 17, 2023

Regulatory Roundup – Key Developments in UK Financial Services

Littler ASAP

June 30, 2023

Retained EU Law (Revocation and Reform) Bill – What the New Developments Mean for UK Employment Law

Littler ASAP

May 26, 2023

UK: A continued shift towards greater control for workers over their working patterns?

Littler ASAP

March 31, 2023

UK Government Issues New Draft Code of Practice on Dismissal and Re-engagement

Littler ASAP

February 23, 2023

Littler Global Guide - United Kingdom - Q3 2022

Littler Global Guide Quarterly

October 25, 2022

Diversity in leadership: Top tips for employers in the UK

Littler ASAP

October 12, 2022

UK tribunal rules long-COVID capable of being a disability under the Equality Act

Littler ASAP

July 29, 2022

Littler Global Guide - United Kingdom - Q2 2022

Littler Global Guide Quarterly

July 18, 2022

Littler Global Guide - United Kingdom - Q1 2022

Littler Global Guide Quarterly

April 18, 2022

UK: What are the risks of mandatory vaccination policies in the workplace?

Littler ASAP

September 30, 2021