

## Belén Estellés-Zanón Carrascosa

Associate

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### Practice Areas

HR Advice and Counsel  
Litigation and Trials  
Workers' Compensation

### Overview

Belén Estellés-Zanón Carrascosa represents and advises employers in all areas of labor and employment law. She has gained experience in Spain and Italy, assisting companies with employment contracts, litigation, restructurings, and compensation policies.

During law school, she completed internships at leading Spanish law firms and participated in an Erasmus program in EU International Public Law in Hungary.

### Education

Master of Access to the Legal Profession, Universidad CEU Cardenal Herrera, 2022  
LL.M., Commercial Law and International Relations, Universidad CEU Cardenal Herrera, 2021  
Law Degree (bilingual English-Spanish), University of Valencia, 2020, *High Academic Performance Mention*  
Erasmus+ Program in EU Public International Law, University of Pécs, Hungary, 2018

### Bar Admissions

Italy  
Spain

### Languages

Spanish  
Italian  
English  
Catalán

## Publications & Press

### **Milan–Cortina 2026: The Employment Law Behind the Winter Olympic and Paralympic Games**

*Littler ASAP*

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