

Paula N. Anthony

Shareholder

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Overview

Paula N. Anthony advises private and public sector employers on a wide variety of personnel and employment matters. Paula has a notable record of success representing management in mediation, grievance arbitration and employment litigation, as well as extensive experience in conducting workplace investigations. She is a regular presenter on labor and employment topics to various professional groups and employers.

Prior to joining Littler, she was a partner in the labor and employment practice group of a Connecticut law firm. Paula has extensive experience in public sector legal representation, formerly serving as assistant corporation counsel for the City of Waterbury, Connecticut where, in addition to managing labor and employment matters, she advised the city on various municipal issues.

Professional and Community Affiliations

- Member, American Bar Association
- Member, New York Bar Association
- Member, Connecticut Bar Association
- Member, Greater Waterbury Bar Association
- Member, Connecticut Labor and Employment Women
- Member, Connecticut Association of Municipal Attorneys
- Board Member, Legislative Liaison, HRLA
- President, Shelton Historical Society
- Member, Women's Business Development Corporation, Regional Advisory Council
- Former Member, Pace University, Women in Business Alumnae Council

Recognition

- Named, The Best Lawyers in America^{®*}, 2023-2024

* For information about the standards for inclusion in Best Lawyers in America, please see <http://www.bestlawyers.com/about/MethodologyCT.aspx>.

Education

J.D., Villanova University School of Law, 1989

B.A., Pace University, 1986, *magna cum laude*

Bar Admissions

Connecticut

New York

Courts

U.S. Court of Appeals, 2nd Circuit

U.S. District Court, District of Connecticut

Publications & Press

Connecticut Employers Have New Burdens After Legislative Session

SHRM Online

July 10, 2023

Connecticut Employers Have New Burdens, Avoid Others, Following 2023 Legislative Session

Little ASAP

July 7, 2023

New Restrictions on Physician Non-Compete Agreements in Connecticut

Little ASAP

June 30, 2023

Connecticut Expands Paid Sick and Safe Leave Uses

Little ASAP

June 29, 2023

Connecticut Appellate Court Declines to Expand Definition of “Supervisor” for Hostile Work Environment Claims

Little ASAP

May 4, 2023

Deadline Extended Until August 31, 2023 for Businesses to Comply with Connecticut’s Mandatory Retirement Program

Little ASAP

April 10, 2023

Understanding the Wage and Hour Compliance Puzzle

CBIA

March 28, 2023

Little Lightbulb: Connecticut Again Considers Pay Transparency, Non-Compete Bills

Little Insight

February 10, 2023

CT employers face host of new employment law challenges

New Haven Biz

January 3, 2023

Implementation of Connecticut’s Clean Slate Law Set to Begin January 1, 2023

Little ASAP

December 30, 2022

New Little Employment Pro On Conn.’s Litigation Landscape

Law360 Pulse

July 15, 2022

Little Adds Shareholder Paula Anthony in New Haven

Little Press Release

July 11, 2022

Speaking Engagements

That's a Wrap: Important Takeaways from Connecticut’s 2023 Legislative Session

August 2, 2023

2023 Tri-State Regional Employer Conference

New York, NY

June 20, 2023

Mid-Year Employment Law Update

HRLA, Norwich, CT

May 25, 2023

Untangling Federal FMLA, CT FMLA, and CT Paid Leave

Connecticut Bar Association Labor and Employment Symposium

March 30, 2023

FMLA Issues in the Workplace - New and Existing Connecticut Law

Connecticut Business & Industry Association Human Resources Conference

March 21, 2023

2022 New England Regional Employer Conference

Boston, MA

November 15, 2022