

## John H. Adams, Jr.

Shareholder

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## Overview

John H. Adams, Jr. represents clients in a broad range of employment law and labor matters. John has experience in both single-plaintiff and class action litigation, including cases involving claims of discrimination, harassment, retaliation, wrongful termination, wage and hour violations and violations under the Private Attorneys General Act. John aggressively defends clients in state and federal courts, binding arbitration and administrative forums. He also has extensive experience resolving cases through negotiation and mediation.

Prior to joining Littler, John worked at a Bay Area law firm where his practice focused on all aspects of civil litigation, from pre-filing through appeal, with a particular emphasis on business and commercial matters.

During law school, John externed for the Hon. Garland E. Burrell, Jr. in the U.S. District Court, Eastern District of California. He taught written and oral advocacy skills to second-year law students in the McGeorge Appellate and International Advocacy Program, was a member of the Anthony M. Kennedy American Inn of Court, and served as associate articles editor for the *Pacific McGeorge Global Business & Development Law Journal*. Prior to law school, he was a journalist, most recently as the Sunday sports editor for the *South Florida Sun-Sentinel*.

## Professional and Community Affiliations

- Member, Sacramento County Bar Association

## Recognition

- Named, Rising Star, Northern California, *Super Lawyers*, 2013-2016
- Named, Top Lawyer, Employment and Labor, *Sacramento Magazine*, 2015
- Named, Traynor Honor Society, *University of the Pacific McGeorge School of Law*, 2007

## Education

J.D., University of the Pacific McGeorge School of Law, 2007, *With Distinction*

A.B., University of California, Davis, 1995

## Bar Admissions

California

## Courts

U.S. Court of Appeals, 9th Circuit

U.S. District Court, Northern District of California

U.S. District Court, Eastern District of California

## Publications & Press

### **Littler Lightbulb: March Appellate Roundup**

*Littler Insight*

April 4, 2024

### **Littler Lightbulb – December Employment Appellate Roundup**

*Littler Insight*

January 5, 2024

### **Littler Lightbulb – October Employment Appellate Roundup**

*Littler Insight*

November 1, 2023

### **Littler’s Workplace Policy Institute Releases 2023 Labor Day Report**

*Littler Press Release*

September 5, 2023

### **WPI Labor Day Report 2023**

*Littler WPI Report*

September 5, 2023

### **Littler Lightbulb – June Employment Appellate Roundup**

*Littler Insight*

July 6, 2023

**Little Lightbulb – April Employment Appellate Roundup**

*Little Insight*

May 1, 2023

**Little Lightbulb – February Employment Appellate Roundup**

*Little Insight*

February 28, 2023

**Little Lightbulb – January Employment Appellate Roundup**

*Little Insight*

January 31, 2023

**Little Rings in New Year with the Elevation of 28 Attorneys to Shareholder**

*Little Press Release*

January 4, 2023

**Conducting “Virtual” Workplace Investigations: Practical Suggestions for the Human Resources Professional**

*Little Insight*

May 29, 2020