

Colton D. Long

Associate

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Focus Areas

Unfair Competition and Trade Secrets
Litigation and Trials
Investigations
Whistleblowing and Retaliation
Discrimination and Harassment

Overview

Colton Long is an experienced litigator and legal advisor who prides himself on providing thorough, timely, and pragmatic legal advice on a broad range of business matters affecting employer-employee relationships across the United States, including:

- Trade secret and restrictive covenant litigation and counseling and other related business competition matters
- Securities whistleblower investigations, litigation, and counseling
- Wage and hour litigation and counseling
- Executive compensation and contract matters
- Workforce restructurings and transactional due diligence matters

Colton also has broad experience advising businesses on employer policies and practices, with particular experience guiding clients through the maze of workforce matters that arise for young and fast-growing businesses.

Colton's first priority is building positive working relationships with clients, instilling trust, and working proactively to take complex legal issues head on. He is also passionate about providing pro bono legal work and giving back to his community and devotes his time on behalf of multiple nonprofit organizations across the Chicago metro area.

Professional and Community Affiliations

- Member, Chicago Bar Association
- Member, Illinois State Bar Association
- Member, Minnesota State Bar Association
- Member, Chicago Chorale
- Board Member (Jr.), Chicago Volunteer Legal Services

Recognition

- Named, Ones to Watch, *Best Lawyers*, 2021-2022
- Named, Rising Star, Illinois, *Super Lawyers*, 2018-2022
- Named, Rising Star, Minnesota, *Super Lawyers*, 2016

Education

J.D., University of Iowa College of Law, 2012, *With Distinction*

B.A., 2009, *cum laude*

Bar Admissions

Illinois

Minnesota

Courts

U.S. Court of Appeals, 6th Circuit

U.S. Court of Appeals, 7th Circuit

U.S. Court of Appeals, 8th Circuit

U.S. District Court, Central District of Illinois

U.S. District Court, Northern District of Illinois

U.S. District Court, District of Minnesota

U.S. District Court, Eastern District of Wisconsin

U.S. District Court, Northern District of Indiana

U.S. District Court, Southern District of Indiana

Publications & Press

Best Lawyers in America® 2022 Edition Honors More Than 240 Littler Lawyers

Littler Press Release

August 19, 2021

The Trend Continues: Illinois Imposes Additional Prerequisites and Restrictions on Employers' Use of Restrictive Covenants

Littler Insight

August 18, 2021

Nine Steps Cannabis Companies Can Take to Protect Trade Secrets

Bloomberg Law

December 15, 2020

Comparing The Presidential Candidates' Labor Policies: Part 1

Law360

March 2, 2020

The Delicate Nuances In New State Noncompete Laws

Law360

December 20, 2019

Paid Family Leave In 2019: A Multinational Employer's Guide

Law360

July 29, 2019

Speaking Engagements

Sharp Curve Ahead... Again! An Employer's "2nd Edition" Roadmap to Continued Legislative Developments in Illinois

May 5, 2021